

COACHING TIPS & TOOLS CLINIC

SUN June 1 8:30am – 11:30am @ Shouse Village



Rain or Shine

[Click here to signup](#)

Questions? Email nvslcoachclinic@gmail.com



PLEASE BRING WATER, SUNSCREEN, A PENCIL/PEN AND NOTEBOOK :-)

Encourage your coaches to sign up for this great opportunity to learn new practice and training techniques, various ways to deal with difficult situations.

This is designed with young coaches in mind,
though seasoned coaches can find new tips and tools as well.

Program Highlights:

PLANNING FOR SAFETY - from practice to meet warm-ups to meets

SPECIFIC TECHNIQUES FOR DEVELOPING MINI'S - including progression tools

STROKE MECHANICS - detection and correction, starts, turns and finishes

LEADERSHIP AND SPORTSMANSHIP– 24/7 !!! – the keys to a good season and mentoring your swimmers for life!

LEARN FROM YEARS OF COACHING EXPERIENCE

[Click here to signup](#) if you are committed to coming

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