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HEADS UP to High School Sports: Online Concussion Training

WHAT TO KNOW

The National Federation of State High School Associations (NFHS) teamed up with CDC's HEADS UP to educate high school coaches on the importance of proper concussion recognition and management in high school sports.

Overview


HEADS Up to High School Sports Coaches: Online Concussion Training

[Take the Training](#) 

After finishing this training, you will be able to:

- Describe the impact of sports-related concussion on athletes.
- Recognize a suspected concussion.
- Manage a suspected concussion with steps to help athletes return to sports safely after a concussion.

HEADS UP trainings for sports officials & athletic trainers

- Sports Officials: [HEADS UP to Sports Officials: Online Concussion Training](#) 
- Athletic Trainers: [HEADS UP to Athletic Trainers: Online Concussion Training](#) 



General concussion info

- [Concussion Information Sheet](#) 

More info for coaches

- [Concussion Fact Sheet for Coaches](#) 

More info for parents

- [Parents Fact Sheet](#) 
- [Hoja informativa para padres](#) 

More info for athletes

- [Fact Sheet for High School Athletes](#) 
- [Hoja informativa para los atletas](#) 
- [Fact Sheet for Middle School Athletes](#) 
- [Hoja informativa para Atletas de Escuela Intermedia](#) 

More info for sports officials

- [Fact Sheet for High School Sports Officials](#) PDF
- [Hoja informativa para los oficiales deportivos de escuelas secundarias](#) PDF
- [HEADS UP to Youth Sports Officials](#) PDF
- [Hoja informativa para los oficiales deportivos que trabajan con jóvenes](#) PDF

SOURCES

CONTENT SOURCE:

National Center for Injury Prevention and Control