

NVSL Proposed Rules for 2025 - See NVSL Bylaw Article XI (below) pertaining to Rule Changes

March 2, 2025

Note: Where applicable, proposed changes to rules below are in *red*.

- 1. Add eight Individual Medley Events and allow swimmers to swim three individual events in Team Meets (proposed by Parklawn) [see attachment for proponent’s reasons]:**

Proposal 1	In favor	Against
NVSL Rules Committee	0	6
NVSL Board of Directors	0	17

- 2. Add a subsection to Rule 12 “Technical Rules” to permit a swimmer disqualified as a result of a false start to swim the event (joint proposal from Sleepy Hollow Bath & Racquet and Dominion Hills)[reason – to eliminate the so-called ‘walk of shame’]:**

Rule 12.b(5): A swimmer who is determined to be disqualified as a result of a false start violation pursuant to USAS Rule 101.1.3A will be permitted to swim in the race. However, the disqualification will stand, the disqualification will be written up after completion of the race, and the result of the disqualified swimmer's race will not count towards an official time or team points. This rule is applicable to Team Meets and Divisional Relays, and is not applicable to Divisionals and All-Stars meets when an alternate is available

Proposal 2	In favor	Against
NVSL Rules Committee	0	6
NVSL Board of Directors	0	17

- 3. To Add a Provision to the end of Rule 5 b. (2) for clarification allowing for the rescission or revision of a Scratch-Substitution form prior to the event in question. [From Hayfield Farms]. Include at the end of Rule 5. b. (2) --**

A Scratch-Substitution Form submitted prior to the start of the meet or in advance of a particular event may be rescinded or revised by a Team Rep before the event in question provided the revision does not violate Rule 5 b(4).

Proposal 3	In favor	Against
NVSL Rules Committee	6	0
NVSL Board of Directors	17	0

4. **To Add new Rule 1.o., and re-letter the remaining provisions of Rule 1 [from Chris Mack, NVSL Board Member] Rule 1.o will read as follows:**

1.o. Swimmers are permitted to compete in swimsuits which include the name or insignia of another team, e.g., high school or club teams.

Proposal 4	In favor	Against
NVSL Rules Committee	6	0
NVSL Board of Directors	17	0

NVSL BYLAW Article XI - Rules for Swimming Competition.

The League shall maintain and publish Rules which govern the organization and conduct of League swimming competition. The Rules shall include lists of events. Proposals for revision of the Rules shall be submitted in writing by Team Representatives to the Chair of the Rules Committee no later than October 31. The proposals shall be reported by the Rules Chair to the Board for its recommendations and further proposals. All rules change proposals submitted by Team Representatives to the Chair of the Rules Committee and all additional proposals recommended by the Board shall be presented to the Team Representatives, and, to be adopted, shall require a two-thirds vote of the Team Representatives present and voting.