

2024 NVSL All-Star Relays@RFD - 7/10/2024

Northern Virginia Swimming League

Psych Sheet

Event 1 Girls 18 & Under 200 SC Meter Freestyle Relay Mixed Age

Team	Relay	Seed Time
1	Overlee	1:56.47
2	Chesterbrook	1:59.87
3	Mantua	2:00.40
4	Tuckahoe	2:00.46
5	Kent Gardens	2:00.72
6	Old Keene Mill	2:01.12
7	Wakefield Chapel	2:02.41
8	Canterbury Woods	2:02.61
9	Oakton	2:02.77
10	Camelot	2:03.62
11	Lakeview	2:03.90
12	LittleHuntingPrk	2:04.53
13	Hiddenbrook	2:04.82
14	Hamlet	2:04.96
15	Langley	2:05.01
16	High Point Pool	2:05.32
17	Crosspointe	2:05.65
18	Donaldson Run	2:05.82
19	Highlands	2:05.84

Event 2 Boys 18 & Under 200 SC Meter Freestyle Relay Mixed Age

Team	Relay	Seed Time
1	Tuckahoe	1:50.52
2	Old Keene Mill	1:52.02
3	Virginia Run	1:52.21
4	Chesterbrook	1:52.84
5	Rolling Valley	1:53.02
6	Mantua	1:53.78
7	Shouse Village	1:54.19
8	Overlee	1:55.00
9	Canterbury Woods	1:55.10
10	Crosspointe	1:55.81
11	Donaldson Run	1:56.50
12	Highlands	1:56.82
13	Wakefield Chapel	1:57.29
14	Orange Hunt	1:57.58
15	Somerset Olde Cr	1:58.19
16	Langley	1:58.24
17	Cottontail	1:58.34
18	Cardinal Hill	1:58.41
19	Villa Aquatic	1:58.71

Event 3 Girls 8 & Under 100 SC Meter Medley Relay

Team	Relay	Seed Time
1	Donaldson Run	1:23.14
2	Chesterbrook	1:26.94
3	Tuckahoe	1:27.33
4	Highlands	1:30.32
5	Kent Gardens	1:30.33
6	Langley	1:30.59
7	Overlee	1:31.83
8	Ravensworth Farm	1:32.47
9	Hunt Valley	1:32.81
10	Crosspointe	1:33.19

11	Oakton	1:34.24
12	Wakefield Chapel	1:34.27
13	Poplar Heights	1:34.52
14	Little Rocky Run	1:34.82
15	Greenbriar	1:35.48
16	Lee Graham	1:36.14
17	Shouse Village	1:36.23
18	Vienna Woods	1:36.36
19	South Run	1:37.46

Event 4 Boys 8 & Under 100 SC Meter Medley Relay

Team	Relay	Seed Time
1	Rolling Hills	1:21.43
2	Sully Station	1:23.52
3	Overlee	1:23.90
4	Chesterbrook	1:27.18
5	Tuckahoe	1:28.95
6	Hiddenbrook	1:30.66
7	Donaldson Run	1:31.12
8	Vienna Aquatic	1:32.09
9	Cardinal Hill	1:32.26
10	Old Keene Mill	1:32.88
10	Highlands	1:32.88
12	Dominion Hills	1:32.89
13	Orange Hunt	1:33.73
14	Vienna Woods	1:34.03
15	LittleHuntingPrk	1:35.34
16	CountryClubHills	1:35.61
17	Pincrest	1:35.90
18	High Point Pool	1:38.73
19	Camelot	1:39.61

Event 5 Girls 9-10 100 SC Meter Medley Relay

Team	Relay	Seed Time
1	Tuckahoe	1:10.57
2	Chesterbrook	1:10.70
3	Overlee	1:11.06
4	Little Rocky Run	1:15.09
5	Old Keene Mill	1:15.33
6	Donaldson Run	1:16.58
7	Springboard	1:16.62
8	Mantua	1:17.28
9	Wakefield Chapel	1:17.38
10	Kent Gardens	1:18.07
11	Camelot	1:18.15
12	Crosspointe	1:18.28
13	Hiddenbrook	1:18.31
14	Lincolnia Park	1:18.41
15	LittleHuntingPrk	1:18.59
16	Lee Graham	1:18.81
17	Fox Hunt	1:18.83
18	Oakton	1:18.88
18	Shouse Village	1:18.88

Event 6 Boys 9-10 100 SC Meter Medley Relay

Team	Relay	Seed Time
1	Tuckahoe	1:06.87

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Event 6 ... (Boys 9-10 100 SC Meter Medley Relay)

Team	Relay	Seed Time
2	Old Keene Mill	1:12.38
3	Donaldson Run	1:13.21
4	Highlands	1:13.45
5	Wakefield Chapel	1:14.13
6	High Point Pool	1:14.56
7	Poplar Tree	1:14.73
8	Crosspointe	1:15.50
9	Mclean	1:15.89
10	Arlington Forest	1:16.00
11	Virginia Hills	1:16.37
12	Commonwealth	1:16.78
13	Shouse Village	1:16.83
14	Chesterbrook	1:16.94
14	Fair Oaks	1:16.94
16	Oakton	1:16.96
17	Kent Gardens	1:17.45
18	Mantua	1:17.58
19	Sleep Hollow Rec	1:17.82

Event 7 Girls 11-12 100 SC Meter Medley Relay

Team	Relay	Seed Time
1	Highlands	1:01.37
2	Chesterbrook	1:02.45
3	Overlee	1:04.04
4	Dowden Terrace	1:04.13
5	Old Keene Mill	1:04.63
6	Sleepy Hollow BR	1:04.97
7	Fair Oaks	1:05.51
8	Hamlet	1:05.62
9	Parklawn	1:06.13
10	Mansion House	1:06.38
11	Langley	1:06.46
12	Tuckahoe	1:06.58
13	Wakefield Chapel	1:06.83
14	Lee Graham	1:06.84
15	Kent Gardens	1:06.89
16	Mosby Woods	1:07.26
17	Oakton	1:07.41
18	Hunt Valley	1:07.77
19	Hunter Mill	1:08.14

Event 8 Boys 11-12 100 SC Meter Medley Relay

Team	Relay	Seed Time
1	Wakefield Chapel	1:02.13
2	Fair Oaks	1:02.85
3	South Run	1:03.47
4	Burke Station	1:03.81
5	Cottontail	1:03.97
6	Chesterbrook	1:04.37
7	Langley	1:04.62
8	Rolling Hills	1:04.69
9	Overlee	1:05.26
10	Brookfield	1:05.59
11	Crosspointe	1:05.65
12	Highlands	1:05.89

13	Mclean	1:06.00
14	Mantua	1:06.14
15	Hunter Mill	1:06.87
16	Oakton	1:06.90
17	Tuckahoe	1:07.53
18	Shouse Village	1:07.64
19	Fairfax	1:08.13

Event 9 Girls 13-14 200 SC Meter Medley Relay

Team	Relay	Seed Time
1	Chesterbrook	2:04.88
2	Old Keene Mill	2:09.50
3	Tuckahoe	2:10.50
4	Highlands	2:10.57
5	Overlee	2:11.34
6	Vienna Woods	2:14.46
7	Mclean	2:15.12
8	Fair Oaks	2:15.14
9	Virginia Hills	2:16.03
10	Ravensworth Farm	2:16.12
11	Hamlet	2:16.40
12	Kent Gardens	2:16.56
13	Kings Ridge	2:16.81
14	Fairfax Station	2:17.19
15	Camelot	2:17.35
16	Oakton	2:17.40
17	Mantua	2:17.62
18	Hunter Mill	2:17.70
19	Stratford	2:17.86

Event 10 Boys 13-14 200 SC Meter Medley Relay

Team	Relay	Seed Time
1	Overlee	2:00.00
2	Hiddenbrook	2:02.14
3	Sleepy Hollow BR	2:02.42
4	Daventry Dolphin	2:04.89
5	Vienna Woods	2:05.51
6	Virginia Run	2:05.55
7	Tuckahoe	2:06.01
8	Mclean	2:06.89
9	Virginia Hills	2:07.07
10	Sleep Hollow Rec	2:07.39
11	Kent Gardens	2:07.50
12	Cottontail	2:07.57
13	High Point Pool	2:07.66
14	Mantua	2:07.76
15	Donaldson Run	2:07.95
16	Hunt Valley	2:08.21
17	Crosspointe	2:08.27
18	Oakton	2:08.56
19	Highlands	2:09.25

Event 11 Girls 15-18 200 SC Meter Medley Relay

Team	Relay	Seed Time
1	Tuckahoe	2:02.34
2	Sleep Hollow Rec	2:02.71
3	Donaldson Run	2:03.53

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Event 11 ... (Girls 15-18 200 SC Meter Medley Relay)

Team	Relay	Seed Time
4	Hunt Valley	2:05.35
5	Fairfax	2:05.78
6	Sleepy Hollow BR	2:06.13
7	Crosspointe	2:06.63
8	Langley	2:06.91
9	Virginia Run	2:07.02
10	Chesterbrook	2:07.28
11	Overlee	2:07.31
12	Dowden Terrace	2:07.32
13	Vienna Aquatic	2:07.45
14	Villa Aquatic	2:07.62
15	Highlands	2:07.92
16	Wakefield Chapel	2:08.27
17	Ravensworth Farm	2:08.31
18	Kent Gardens	2:08.46
19	LittleHuntingPrk	2:08.72

Event 12 Boys 15-18 200 SC Meter Medley Relay

Team	Relay	Seed Time
1	Tuckahoe	1:45.34
2	Hiddenbrook	1:49.51
3	Hamlet	1:50.15
3	Sully Station	1:50.15
5	Chesterbrook	1:50.26
6	Poplar Tree	1:51.18
7	Virginia Run	1:51.43
8	Greenbriar	1:51.44
9	Overlee	1:51.54
10	Hunt Valley	1:52.02
11	Oakton	1:52.06
12	Waynewood	1:52.37
13	Lee Graham	1:53.00
14	Pincrest	1:53.16
15	Vienna Woods	1:53.64
16	Great Falls	1:53.71
17	Orange Hunt	1:53.80
18	Sleep Hollow Rec	1:53.82
19	Fair Oaks	1:54.49
19	Fairfax Station	1:54.49

Event 13 Girls 8 & Under 100 SC Meter Freestyle Relay

Team	Relay	Seed Time
1	Chesterbrook	1:14.53
2	Donaldson Run	1:14.56
3	Hunt Valley	1:16.20
4	Tuckahoe	1:17.08
5	Crosspointe	1:19.30
6	Lee Graham	1:20.19
7	Langley	1:20.53
8	Highlands	1:21.11
9	High Point Pool	1:21.21
10	Overlee	1:21.38
11	Oakton	1:21.44
11	Wakefield Chapel	1:21.44
13	Poplar Heights	1:21.93

14	Little Rocky Run	1:22.57
15	Greenbriar	1:22.84
16	Lakeview	1:24.74
17	Fox Mill Woods	1:24.78
18	Ravensworth Farm	1:25.45
19	Pincrest	1:26.09

Event 14 Boys 8 & Under 100 SC Meter Freestyle Relay

Team	Relay	Seed Time
1	Rolling Hills	1:12.22
2	Sully Station	1:14.46
3	Overlee	1:15.31
4	Chesterbrook	1:16.89
5	Tuckahoe	1:17.37
6	Vienna Aquatic	1:18.94
7	Old Keene Mill	1:19.08
8	Hiddenbrook	1:19.44
9	Pincrest	1:19.81
10	Orange Hunt	1:20.57
11	LittleHuntingPrk	1:20.92
12	Cardinal Hill	1:20.93
13	Oakton	1:21.88
14	Donaldson Run	1:22.47
15	Kent Gardens	1:22.90
16	High Point Pool	1:23.26
17	Dominion Hills	1:23.38
18	Wakefield Chapel	1:24.04
19	Lakeview	1:24.66

Event 15 Girls 9-10 100 SC Meter Freestyle Relay

Team	Relay	Seed Time
1	Tuckahoe	1:02.52
2	Chesterbrook	1:03.24
3	Overlee	1:03.26
4	Old Keene Mill	1:04.81
5	Little Rocky Run	1:05.96
6	Mclean	1:07.39
7	Crosspointe	1:08.03
8	Lee Graham	1:08.25
9	Wakefield Chapel	1:08.77
10	Springboard	1:08.78
11	Donaldson Run	1:08.79
12	Cardinal Hill	1:08.81
13	Lincolnia Park	1:08.90
14	Oakton	1:08.95
15	Mantua	1:09.38
16	Pincrest	1:09.40
17	Camelot	1:09.60
18	Kent Gardens	1:09.63
19	Villa Aquatic	1:09.76

Event 16 Boys 9-10 100 SC Meter Freestyle Relay

Team	Relay	Seed Time
1	Tuckahoe	1:00.06
2	Highlands	1:04.21
3	Donaldson Run	1:04.51
4	Mantua	1:04.76

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Event 16 ... (Boys 9-10 100 SC Meter Freestyle Relay)

Team	Relay	Seed Time
5	Wakefield Chapel	1:04.82
6	Old Keene Mill	1:04.87
7	Virginia Hills	1:05.94
8	Poplar Tree	1:06.22
9	Overlee	1:06.32
10	Shouse Village	1:06.41
11	Mclean	1:06.54
12	Crosspointe	1:06.82
13	High Point Pool	1:07.05
14	Chesterbrook	1:07.51
15	Virginia Run	1:07.58
16	Orange Hunt	1:07.59
17	Oakton	1:08.02
18	Fair Oaks	1:08.20
19	Cardinal Hill	1:08.24

Event 17 Girls 11-12 100 SC Meter Freestyle Relay

Team	Relay	Seed Time
1	Highlands	57.03
2	Chesterbrook	57.06
3	Overlee	57.19
4	Old Keene Mill	57.81
5	Wakefield Chapel	58.13
6	Sleepy Hollow BR	58.51
7	Dowden Terrace	58.97
8	Langley	59.06
9	Fair Oaks	59.09
10	Kent Gardens	59.16
11	Orange Hunt	59.35
12	Lee Graham	59.56
13	Hamlet	59.84
14	Donaldson Run	1:00.22
15	Oakton	1:00.39
16	Springboard	1:00.68
17	Tuckahoe	1:00.84
18	Mosby Woods	1:01.08
19	Mansion House	1:01.22

Event 18 Boys 11-12 100 SC Meter Freestyle Relay

Team	Relay	Seed Time
1	Burke Station	56.38
2	South Run	56.70
3	Wakefield Chapel	56.77
4	Old Keene Mill	57.37
5	Fair Oaks	57.80
6	Langley	57.83
7	Chesterbrook	57.91
8	Rolling Hills	58.09
9	Donaldson Run	58.50
10	Cottontail	58.52
11	Tuckahoe	58.63
12	Overlee	58.68
13	Mantua	58.78
14	Crosspointe	59.02
15	Shouse Village	59.10

16	Brookfield	59.39
17	Hunter Mill	59.48
18	Canterbury Woods	59.85
19	Lakeview	1:00.03

Event 19 Girls 13-14 200 SC Meter Freestyle Relay

Team	Relay	Seed Time
1	Chesterbrook	1:54.14
2	Old Keene Mill	1:57.38
3	Tuckahoe	1:58.57
4	Highlands	1:59.32
5	Overlee	1:59.65
6	Fair Oaks	2:00.01
7	Parklawn	2:00.39
8	Oakton	2:01.15
9	Vienna Woods	2:01.56
10	Kings Ridge	2:01.60
11	Virginia Hills	2:01.78
12	Kent Gardens	2:01.83
13	Mantua	2:02.10
14	Mclean	2:02.71
15	Fairfax Station	2:03.00
16	Donaldson Run	2:03.25
17	Ravensworth Farm	2:03.63
18	Hunter Mill	2:04.86
19	Wakefield Chapel	2:05.01

Event 20 Boys 13-14 200 SC Meter Freestyle Relay

Team	Relay	Seed Time
1	Overlee	1:46.76
2	Chesterbrook	1:47.58
3	Hiddenbrook	1:48.83
4	Virginia Run	1:51.47
5	High Point Pool	1:51.70
6	Sleepy Hollow BR	1:51.72
7	Daventry Dolphin	1:52.78
8	Crosspointe	1:53.37
9	Virginia Hills	1:53.91
10	Cardinal Hill	1:54.07
11	Oakton	1:55.07
12	Hamlet	1:55.56
13	Vienna Woods	1:55.76
13	Forest Hollow	1:55.76
15	Old Keene Mill	1:56.22
16	Tuckahoe	1:56.28
17	Hunt Valley	1:56.76
18	Kent Gardens	1:56.94
19	Vienna Aquatic	1:56.95

Event 21 Girls 15-18 200 SC Meter Freestyle Relay

Team	Relay	Seed Time
1	Tuckahoe	1:53.02
2	Donaldson Run	1:53.28
3	Sleep Hollow Rec	1:53.96
4	Sleepy Hollow BR	1:54.59
5	Oakton	1:54.75
6	Crosspointe	1:54.82

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Event 21 ... (Girls 15-18 200 SC Meter Freestyle Relay)

	Team	Relay	Seed Time
7	South Run		1:55.07
8	Highlands		1:55.15
9	Wakefield Chapel		1:55.65
10	Langley		1:55.71
11	Ravensworth Farm		1:55.81
12	Hunt Valley		1:56.03
13	Vienna Aquatic		1:56.40
14	Overlee		1:56.46
15	Villa Aquatic		1:56.50
16	Poplar Tree		1:56.66
17	Old Keene Mill		1:56.97
18	Chesterbrook		1:57.13
19	Virginia Run		1:57.20

Event 22 Boys 15-18 200 SC Meter Freestyle Relay

	Team	Relay	Seed Time
1	Tuckahoe		1:36.90
2	Chesterbrook		1:38.81
3	Hamlet		1:39.90
4	Hiddenbrook		1:40.09
5	Poplar Tree		1:40.21
6	Greenbriar		1:40.25
7	Overlee		1:40.42
8	Hunt Valley		1:40.80
9	Sully Station		1:41.66
10	Orange Hunt		1:42.08
11	Virginia Run		1:42.09
12	Oakton		1:42.44
13	Pinecrest		1:42.89
14	Lee Graham		1:43.00
15	Waynewood		1:43.15
16	Mantua		1:43.25
17	Fair Oaks		1:43.28
18	Great Falls		1:43.64
19	High Point Pool		1:44.23