

## **POOL SAFETY CHECKLIST "Don't leave Safety to Chance!"**

It is recommended that this checklist be performed, initialed and dated once a week throughout the season.

Are backboards and collars readily accessible in designated area?
Do neck immobilizing collars range in size from pediatric to adult?
Is the First Aid kit stocked and accessible in designated area?
Where is the closest source of ice?
Is the phone accessible and is the pool number and street address posted?
Is there a clear entryway for emergency vehicles?
Can a gateway be opened easily? Is the key(s) readily available?
Can someone administer CPR at all practices and meets?
Do you know where the patient would be taken if rescue service is called?
Does your pool have adequate targets on the pool wall?
What is the water depth in the pool: Starting end?Turning end?
Is safety foremost on your mind during warm-ups?
Do you have trained Marshals on deck and allow only feet-first face forward entry during
Are you safety conscious during pre-meet activities (i.e., team cheers, no running, no jumping, no diving, or falling into the water)?
Are all moveable obstructions removed from the pool?
Does your pool have immoveable obstructions, such as sharp corners, guard chair, diving board, or stairs that need attention?
Are water intakes at competition ends plugged during the meet?
Are all lane lines marked with contrasting color discs at 15 meters from starting and turning ends of the pool?
Do coaches discuss and practice safety with swimmers as a part of their training?