

2023 NVSL All-Star Relays@HSC - 7/12/2023

Northern Virginia Swimming League

Psych Sheet - NVSL ASR

Event 1 Girls 18 & Under 200 SC Meter Freestyle Relay Mixed Age

Team	Relay	Seed Time
1	Chesterbrook	1:58.71
2	Donaldson Run	1:59.16
3	Langley	1:59.22
4	Old Keene Mill	1:59.34
5	Overlee	1:59.89
6	Tuckahoe	2:01.26
7	Sleepy Hollow Re	2:01.88
8	Fairfax Station	2:02.05
9	Hamlet	2:02.34
10	Camelot	2:02.37
11	Kent Gardens	2:02.58
12	Oakton	2:03.72
13	Little Rocky Run	2:03.87
14	Lakeview	2:03.88
15	Virginia Run	2:03.94
16	Vienna Woods	2:04.62
16	Highlands	2:04.62
18	McLean	2:04.63
19	Dunn Loring	2:05.22 Alt

Event 2 Boys 18 & Under 200 SC Meter Freestyle Relay Mixed Age

Team	Relay	Seed Time
1	Overlee	1:51.96
2	Chesterbrook	1:52.32
3	Donaldson Run	1:52.93
4	Old Keene Mill	1:53.28
5	Crosspointe	1:53.40
6	Kent Gardens	1:54.14
7	Highlands	1:54.89
8	McLean	1:54.97
9	Tuckahoe	1:55.03
10	Vienna Aquatic	1:56.08
11	Wakefield Chapel	1:57.33
12	Shouse Village	1:58.33
13	Hamlet	1:58.86
14	Orange Hunt	1:58.95
15	Little Rocky Run	1:58.97
16	Langley	1:59.15
17	High Point Pool	1:59.31
18	Vienna Woods	2:00.08
19	Highland Park	2:00.11 Alt

Event 3 Girls 8 & Under 100 SC Meter Medley Relay

Team	Relay	Seed Time
1	Chesterbrook	1:24.52
2	Old Keene Mill	1:25.43
3	Tuckahoe	1:26.90
4	Crosspointe	1:28.75
5	Overlee	1:29.07

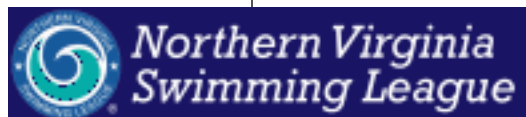
6	Fox Hunt	1:30.03
7	Highlands	1:30.70
8	Shouse Village	1:30.72
9	Donaldson Run	1:30.82
10	Villa Aquatic	1:30.93
11	Kent Gardens	1:31.10
12	Langley	1:31.70
13	Little Rocky Run	1:31.96
14	Lakeview	1:34.05
15	Oakton	1:34.52
16	Hiddenbrook	1:34.74
17	Kings Ridge	1:37.01
18	Lee Graham	1:37.13
19	Vienna Woods	1:39.08 Alt

Event 4 Boys 8 & Under 100 SC Meter Medley Relay

Team	Relay	Seed Time
1	McLean	1:18.90
2	Donaldson Run	1:22.69
3	Chesterbrook	1:27.20
4	Overlee	1:27.66
5	Tuckahoe	1:28.06
6	Oakton	1:30.13
7	Sully Station	1:30.93
8	High Point Pool	1:31.12
9	Orange Hunt	1:31.53
10	Lakevale Estates	1:34.37
11	Poplar Heights	1:34.46
12	Fox Hunt	1:36.22
13	Cardinal Hill	1:36.42
14	Hunter Mill	1:37.29
14	Arlington Forest	1:37.29
16	Fairfax	1:37.45
17	Wakefield Chapel	1:37.65
18	Hiddenbrook	1:39.02
19	CountryClubHills	1:40.70 Alt

Event 5 Girls 9-10 100 SC Meter Medley Relay

Team	Relay	Seed Time
1	Old Keene Mill	1:11.65
2	Overlee	1:13.20
3	Chesterbrook	1:13.42
4	Tuckahoe	1:13.79
5	Donaldson Run	1:13.95
6	Langley	1:14.28
7	McLean	1:14.50
8	Rolling Hills	1:15.07
9	Springboard	1:15.59
10	Crosspointe	1:16.68
11	Cardinal Hill	1:16.87
12	Kent Gardens	1:17.39
13	Highlands	1:17.46



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Event 5 ... (Girls 9-10 100 SC Meter Medley Relay)

Team	Relay	Seed Time
14	Canterbury Woods	1:17.78
15	Lee Graham	1:18.39
16	Camelot	1:18.61
17	Parliament	1:19.34
18	Hamlet	1:19.58
19	CountryClubHills	1:19.75 Alt

Event 6 Boys 9-10 100 SC Meter Medley Relay

Team	Relay	Seed Time
1	Overlee	1:10.43
2	Fair Oaks Sharks	1:11.64
3	Tuckahoe	1:13.28
4	Highlands	1:14.12
5	Old Keene Mill	1:14.78
6	Donaldson Run	1:15.59
7	Chesterbrook	1:15.66
8	Mantua	1:16.45
9	Wakefield Chapel	1:16.50
10	Little Rocky Run	1:17.09
11	LittleHuntingPrk	1:17.52
12	Crosspointe	1:17.65
13	Highland Park	1:17.95
14	Rolling Forest	1:18.94
15	Parklawn	1:18.97
16	Fairfax	1:19.02
17	Langley	1:19.27
18	Shouse Village	1:19.83
19	Mosby Woods	1:19.94 Alt

Event 7 Girls 11-12 100 SC Meter Medley Relay

Team	Relay	Seed Time
1	Tuckahoe	1:01.50
2	Chesterbrook	1:02.08
3	Overlee	1:02.33
4	Hamlet	1:02.46
5	Langley	1:04.62
6	Parklawn	1:04.78
7	Oakton	1:05.15
8	Highlands	1:05.28
9	Lakeview	1:05.52
10	Old Keene Mill	1:05.79
11	Vienna Aquatic	1:06.13
12	Fair Oaks Sharks	1:06.14
13	Donaldson Run	1:06.33
14	SleepyHollow B&R	1:06.88
15	McLean	1:06.94
16	High Point Pool	1:07.25
17	Wakefield Chapel	1:07.27
18	Kent Gardens	1:07.70
19	Mantua	1:07.84 Alt

Event 8 Boys 11-12 100 SC Meter Medley Relay

Team	Relay	Seed Time
1	Crosspointe	1:01.28
2	Highlands	1:02.50
3	Kent Gardens	1:03.18
4	Chesterbrook	1:03.19
5	Donaldson Run	1:05.06
6	Rolling Valley	1:05.46
7	Old Keene Mill	1:05.53
8	Wakefield Chapel	1:05.62
9	Cottontail	1:05.68
10	Lakeview	1:06.26
11	Vienna Aquatic	1:06.52
12	Pincrest	1:06.70
13	Virginia Run	1:06.71
14	Hiddenbrook	1:06.75
15	Overlee	1:06.77
16	Tuckahoe	1:07.02
17	Mantua	1:07.52
18	Oakton	1:08.09
19	Sleepy Hollow Re	1:08.50 Alt

Event 9 Girls 13-14 200 SC Meter Medley Relay

Team	Relay	Seed Time
1	Fairfax	2:05.29
2	Dowden Terrace	2:09.46
3	Crosspointe	2:10.22
4	Virginia Run	2:10.58
5	Tuckahoe	2:11.35
6	Highlands	2:12.13
7	Hunter Mill	2:13.03
8	Overlee	2:13.84
9	Fair Oaks Sharks	2:13.88
10	Hunt Valley	2:15.15
11	Donaldson Run	2:15.32
12	McLean	2:15.68
13	Truro	2:16.01
14	Vienna Woods	2:16.77
15	Chesterbrook	2:17.06
16	Brandywine	2:17.16
17	Rolling Hills	2:17.46
18	Ravensworth Farm	2:17.71
19	Fairfax Station	2:17.72 Alt

Event 10 Boys 13-14 200 SC Meter Medley Relay

Team	Relay	Seed Time
1	Fair Oaks Sharks	1:58.12
2	Langley	1:59.89
3	Orange Hunt	2:01.71
4	Chesterbrook	2:02.23
5	McLean	2:02.59

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Event 10 ... (Boys 13-14 200 SC Meter Medley Relay)

Team	Relay	Seed Time
6	Tuckahoe	2:04.03
7	Hamlet	2:04.09
8	Highlands	2:04.31
9	Waynewood	2:04.62
10	Virginia Hills	2:05.16
11	Old Keene Mill	2:05.21
12	Rolling Valley	2:05.39
13	Sully Station	2:05.82
14	Overlee	2:05.90
15	Oakton	2:06.84
16	Hollin Meadows	2:07.32
17	Mantua	2:07.33
18	Donaldson Run	2:07.56
19	Somerset Olde Cr	2:08.49 Alt

Event 11 Girls 15-18 200 SC Meter Medley Relay

Team	Relay	Seed Time
1	Sleepy Hollow Re	2:01.45
2	Donaldson Run	2:02.75
3	Chesterbrook	2:03.59
4	Highlands	2:05.84
5	Tuckahoe	2:06.57
6	Dominion Hills	2:07.60
7	Wakefield Chapel	2:07.69
8	Crosspointe	2:07.96
9	Dunn Loring	2:08.15
10	Overlee	2:08.25
11	SleepyHollow B&R	2:08.92
12	Langley	2:09.06
13	Hunt Valley	2:09.50
14	Vienna Woods	2:09.54
15	Kent Gardens	2:09.59
16	Woodley	2:09.80
17	Poplar Tree	2:10.00
18	Villa Aquatic	2:10.34
19	Lee Graham	2:10.35 Alt

Event 12 Boys 15-18 200 SC Meter Medley Relay

Team	Relay	Seed Time
1	Tuckahoe	1:45.59
2	Overlee	1:48.34
3	Highland Park	1:50.28
4	Chesterbrook	1:50.56
5	Donaldson Run	1:51.39
6	Orange Hunt	1:51.51
7	Hunt Valley	1:52.14
8	Highlands	1:53.06
9	Crosspointe	1:53.31
10	Poplar Tree	1:53.37
11	Oakton	1:53.83

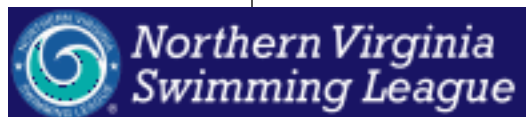
12	Sully Station	1:53.92
13	Fox Mill Estates	1:54.15
14	Lee Graham	1:54.21
15	Old Keene Mill	1:54.31
16	Fair Oaks Sharks	1:54.58
17	Greenbriar	1:54.71
18	Dowden Terrace	1:55.01
19	Vienna Aquatic	1:55.06 Alt

Event 13 Girls 8 & Under 100 SC Meter Freestyle Relay

Team	Relay	Seed Time
1	Old Keene Mill	1:14.06
2	Tuckahoe	1:14.39
3	Chesterbrook	1:14.59
4	Overlee	1:16.78
5	Crosspointe	1:17.35
6	Little Rocky Run	1:18.01
7	Hiddenbrook	1:19.11
8	Fox Hunt	1:19.32
9	Lakeview	1:20.63
10	Lee Graham	1:20.96
11	Donaldson Run	1:21.53
12	Kent Gardens	1:21.72
13	Shouse Village	1:22.06
14	Oakton	1:22.51
15	Villa Aquatic	1:22.69
16	Langley	1:24.78
17	Kings Ridge	1:24.88
18	Holmes Run Acres	1:26.37
19	Vienna Woods	1:26.84 Alt

Event 14 Boys 8 & Under 100 SC Meter Freestyle Relay

Team	Relay	Seed Time
1	McLean	1:08.52
2	Donaldson Run	1:14.09
3	Overlee	1:15.38
4	Tuckahoe	1:16.40
5	Orange Hunt	1:17.81
6	Chesterbrook	1:19.03
7	Lakevale Estates	1:19.56
8	High Point Pool	1:20.21
9	Wakefield Chapel	1:20.52
10	Poplar Heights	1:20.64
11	Fox Hunt	1:20.98
12	Arlington Forest	1:20.99
13	Sully Station	1:22.27
14	Virginia Hills	1:22.65
15	Mantua	1:22.72
16	Oakton	1:22.81
17	Cardinal Hill	1:23.09
18	Rolling Hills	1:23.68
19	SleepyHollow B&R	1:24.59 Alt



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Event 15 Girls 9-10 100 SC Meter Freestyle Relay

Team	Relay	Seed Time
1 Overlee		1:04.51
2 Donaldson Run		1:05.17
3 Old Keene Mill		1:05.20
4 McLean		1:05.74
5 Tuckahoe		1:05.75
6 Langley		1:06.37
7 Oakton		1:07.21
8 Rolling Hills		1:07.82
9 CountryClubHills		1:07.87
10 Lakeview		1:08.04
11 Camelot		1:08.56
12 Kent Gardens		1:09.10
13 Springboard		1:09.15
14 Mosby Woods		1:09.26
15 Crosspointe		1:09.56
16 Lee Graham		1:09.59
17 Canterbury Woods		1:09.63
18 Cardinal Hill		1:09.72
18 Fox Hunt		1:09.72

Event 16 Boys 9-10 100 SC Meter Freestyle Relay

Team	Relay	Seed Time
1 Overlee		1:02.31
2 Tuckahoe		1:04.53
3 Fair Oaks Sharks		1:04.87
4 Donaldson Run		1:05.47
5 Old Keene Mill		1:06.47
6 Wakefield Chapel		1:07.09
7 Highlands		1:07.61
8 Crosspointe		1:07.70
9 Rolling Forest		1:08.32
10 LittleHuntingPrk		1:08.54
11 Fairfax		1:08.82
12 Mantua		1:09.09
12 Parklawn		1:09.09
14 South Run		1:09.27
15 Virginia Hills		1:09.84
16 Chesterbrook		1:09.85
17 Mosby Woods		1:09.90
18 Langley		1:09.96
19 Shouse Village		1:10.00 Alt

Event 17 Girls 11-12 100 SC Meter Freestyle Relay

Team	Relay	Seed Time
1 Overlee		55.51
2 Chesterbrook		56.07
3 Tuckahoe		56.08
4 Parklawn		57.53
5 Oakton		58.32

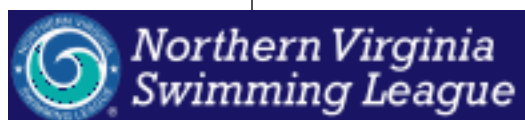
6 Hamlet		58.45
7 Langley		58.63
8 Old Keene Mill		58.88
9 Fair Oaks Sharks		59.28
10 Mantua		59.51
11 Donaldson Run		59.69
12 Little Rocky Run		59.83
13 Wakefield Chapel		59.86
14 Lakeview		59.90
15 Vienna Woods		1:00.05
16 Vienna Aquatic		1:00.19
17 Orange Hunt		1:00.51
18 South Run		1:00.69
19 McLean		1:00.76 Alt

Event 18 Boys 11-12 100 SC Meter Freestyle Relay

Team	Relay	Seed Time
1 Crosspointe		55.17
2 Highlands		56.69
3 Chesterbrook		56.83
4 Kent Gardens		57.09
5 Hiddenbrook		58.14
6 Vienna Aquatic		58.33
7 Pinecrest		58.64
8 Cardinal Hill		58.75
9 Holmes Run Acres		58.88
10 Old Keene Mill		58.92
11 Rolling Valley		58.94
12 Cottontail		58.95
13 Overlee		59.14
14 Lakeview		59.43
15 Donaldson Run		59.46
16 Wakefield Chapel		59.61
17 Oakton		59.69
18 Tuckahoe		1:00.31
19 Virginia Run		1:00.47 Alt

Event 19 Girls 13-14 200 SC Meter Freestyle Relay

Team	Relay	Seed Time
1 Fairfax		1:56.97
2 Crosspointe		1:57.39
3 Virginia Run		1:58.95
4 Highlands		1:59.26
5 Fair Oaks Sharks		1:59.31
6 Hunter Mill		1:59.82
7 Hunt Valley		2:00.30
8 Dowden Terrace		2:00.65
9 Canterbury Woods		2:01.53
10 Chesterbrook		2:01.86
11 Overlee		2:01.87
12 McLean		2:01.91
13 Tuckahoe		2:02.03



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Event 19 ... (Girls 13-14 200 SC Meter Freestyle Relay)

Team	Relay	Seed Time
14	Brandywine	2:02.25
15	Truro	2:02.28
16	Donaldson Run	2:02.38
17	Ravensworth Farm	2:03.11
18	Vienna Woods	2:03.52
19	Rolling Hills	2:03.91 Alt

Event 20 Boys 13-14 200 SC Meter Freestyle Relay

Team	Relay	Seed Time
1	Langley	1:48.37
2	Fair Oaks Sharks	1:48.64
3	Orange Hunt	1:48.96
4	Tuckahoe	1:51.13
5	Overlee	1:51.16
6	McLean	1:51.76
7	Hamlet	1:51.92
8	Hollin Meadows	1:52.22
9	Old Keene Mill	1:52.52
10	Rolling Valley	1:52.56
11	Chesterbrook	1:52.65
12	Waynewood	1:52.90
13	Virginia Hills	1:53.47
14	Oakton	1:53.63
15	Highlands	1:54.19
16	Donaldson Run	1:55.03
17	Mantua	1:55.08
18	Mansion House	1:55.27
19	Somerset Olde Cr	1:55.28 Alt

Event 21 Girls 15-18 200 SC Meter Freestyle Relay

Team	Relay	Seed Time
1	Sleepy Hollow Re	1:51.47
2	Donaldson Run	1:53.07
3	Chesterbrook	1:53.21
4	Wakefield Chapel	1:55.26
4	Dominion Hills	1:55.26
6	SleepyHollow B&R	1:55.51
7	Tuckahoe	1:55.56
8	Little Rocky Run	1:55.96
8	Woodley	1:55.96
10	Highlands	1:56.03
11	Dunn Loring	1:56.15
12	LittleHuntingPrk	1:56.40
13	Overlee	1:56.50
14	Mantua	1:56.71
15	Crosspointe	1:57.13
16	Poplar Tree	1:57.19
17	Kings Ridge	1:57.21
18	Dowden Terrace	1:57.41
19	Lee Graham	1:57.66 Alt

Event 22 Boys 15-18 200 SC Meter Freestyle Relay

Team	Relay	Seed Time
1	Tuckahoe	1:36.42
2	Overlee	1:37.07
3	Chesterbrook	1:37.75
4	Hunt Valley	1:40.34
5	Donaldson Run	1:41.41
6	Old Keene Mill	1:41.68
7	Highland Park	1:41.70
8	Highlands	1:42.15
9	Crosspointe	1:42.28
10	Greenbriar	1:42.62
11	Poplar Tree	1:43.27
12	Fair Oaks Sharks	1:43.57
13	Vienna Aquatic	1:43.59
14	Sleepy Hollow Re	1:43.90
15	Sully Station	1:43.98
16	SleepyHollow B&R	1:44.03
17	Dowden Terrace	1:44.14
18	Fox Mill Estates	1:44.20
18	Kings Ridge	1:44.20