



Public's Guide to the NVSL All Star Relay Carnival July 12th 2023 at 4 PM

Hosted by Hamlet Swim and Tennis Club

Pool Location	8209 Dunsinane Court, McLean, VA 22102 \ Pool Telephone (703) 893-7255 Hamlet is located off Lewinsville Road in Mclean near the Spring Hill Recreation Center. Please see parking restrictions below, but there will be no parking at the pool itself, on Dunsinane Court, nor at the Rec Center to allow sufficient room for Emergency Vehicles and traffic flow. Hamlet can be reached via 495 or off highway routes, so check traffic for the best route when you are driving!
Happy Ads	The deadline for submission of the Meet Program Happy Ads is 5 PM Sunday, July 9th. Ads submitted after that time cannot be accepted. Ads must be submitted electronically to nvlshappyads@gmail.com (PDF or JPG format preferred) and in its final version. Payment (checks made out to NVSL, cash or credit card) must be received by the end of the merchandise pick-up event/pool familiarization on Sunday.
Pool Familiarization (Not to be used as a practice)	Pool Familiarization will only be to see the pool and the surrounding area. No swimmers will be allowed in the water. This is an opportunity for swimmers to see the pool and for teams to pick up merchandise. All-Star T-shirts, Swim Caps, and meet programs will be available for purchase; a Happy Ads representative will be present to take orders and payments. Direct questions to nvlshappyads@gmail.com

Meet Day

Swimmer Drop Off	The designated Swimmer Drop Off area is in the Spring Hill ES parking lot at the corner closest to the pool. Drivers should enter the Spring Hill parking lot and follow signs and parking marshal direction. Please drop off swimmers and then proceed to the available street parking areas. Handicapped Drop Off is at the entrance to the pool lot. Please build in extra time to park and walk to the pool.
Parking	At 12p the fields at Spring Hill ES will be open for teams. General parking (no commercial vehicles or large buses), will be street parking in the surrounding neighborhood as marked. Please allow plenty of time to park and walk to the pool once you drop your swimmer(s) off at Spring Hill Elementary. In order to allow sufficient space for Emergency Vehicles and to maintain traffic flow, there will be NO parking in the Hamlet lot or on Dunsinane Court. There is street parking on side streets, and please be respectful to not block driveways. Please do not park in intersections or block fire hydrants. Commercial vehicles and large buses are strongly discouraged for this event. Be a good neighbor - Follow the guidelines please! There is NO swim meet parking permitted at the Spring Hill Rec Center.
Parking (cont.)	The pool will provide five (5) Handicapped Parking spaces during the day of the meet in the street immediately in front of the pool that are available only by reservation for teams and spectators. Anyone needing handicapped parking must make prior arrangements with Julianne Kass (Hamlet) at juliannekass@gmail.com. People who do not make prior arrangements will not be able to utilize the Handicapped Parking. All special guests requiring handicapped parking will be accommodated and are requested to advise Julianne in advance.
Team Areas	Team areas may be set up in the field at Spring Hill ES, a short walk through the woods to the pool, as marked, after 12p on the meet day. Anyone on or near Spring Hill ES property and/or Hamlet property before 12p will be considered trespassers and the authorities may be called. Teams in divisions 1, 2 and 3 have assigned team areas and assignments will be communicated with team reps and DC for these divisions in advance. There is plenty of field space for everyone. Do not come early to claim a space. Tents and awnings are strongly encouraged. Grills, generators, and fires are NOT allowed in team areas. Off-limits areas are clearly marked and will be strictly enforced. Anyone found selling food will be evicted from the field and lose your place in line. Concessions will open in the Hamlet parking lot at 2:00pm.
Team Areas (cont.)	No access to bath house changing rooms or bathrooms will be permitted for participants or spectators. Portable restrooms will be located close to the entrance on the Hamlet pool grounds.

Viewing Areas	The Host Pool will open the gates to the pool deck to the public at 2:00 PM. Concessions will open in the Hamlet parking lot at 2pm.
	Lining up early to enter the pool area is strongly discouraged. The entry line prior to 2 PM will be marked. Marshals will escort the line to the pool entrance at 1:55 PM to ensure an orderly admission.
	<i>Take pride in modeling Great Sportsmanship - Be a good neighbor!</i>
	Reserving bleacher seats with anything larger than a beach towel (approx. 6 ft. in length) is strictly prohibited. One person may reserve no more than two seats with one beach towel and must occupy that towel. Marshals will remove materials covering bleachers to “reserve” seats except as described above. Please encourage your swimmers to leave the bleachers open for adults and non-swimming children. Umbrellas will not be permitted in the bleachers. No chairs will be permitted on the pool grounds.
	An area for disabled seating and a disabled restroom will be available.
	No access to bath house changing rooms or bathrooms will be permitted for participants or spectators. Portable restrooms will be located at the pool on the Hamlet pool grounds.
Results	As events end, results will be posted at the meet. Full results can be found on the NVSL website after the conclusion of the meet.
Awards and Patches	Team Reps need to pick up their team’s awards and patches at the awards area before they leave the meet . Medals and ribbons are awarded for 1st through 18th places. All competitors and alternates seeded All Star Relays receive All Star Patches. Trophies are awarded at the end of the meet to teams finishing with the six highest point totals. Check in with Awards shortly after the last event your team competed in.
Scholarship Awards	The Presidents, Spirit, Sportsmanship, Community Service, and Excellence in Technique scholarship winners will be announced prior to the start of the meet. These awards will be presented at the Divisional meets this year, in front of the recipients home team, family, and friends.
Concessions and Vendors	Food and refreshments will be offered from the Host Pool and our NVSL food vendors in the Hamlet parking lot starting at 12pm. NVSL advertisers will have products for sale throughout the evening. Please support our advertisers! No outside food will be allowed within the pool fence enclosure.
Shop NVSL	NVSL Apparel, All-Star Shirts, Swim Caps and Programs will be on sale at the meet.

NVSL All Star Relay Timeline

July 12, 2023

- 12:00 PM Team Areas open for set up
- 2:00 PM Viewing Area opens to public; concessions open in the Hamlet
- 2:00 PM Warm-Ups:
- 13-14 Boys and Girls 2:00 - 2:15
 - 11-12 Boys and Girls 2:16 - 2:30
 - 9 – 10 Girls 2:31 – 2:41
 - 9 – 10 Boys 2:42 – 2:52
 - 8 & U Girls 2:53 – 3:03
 - 8 & U Boys 3:04 – 3:14
 - 15 – 18 Girls 3:15 - 3:29
 - 15 – 18 Boys 3:30 - 3:44
- 3:15 PM Relay Take-off Judges Briefing
- 3:30 PM Stroke & Turn Judges Briefing
- 3:30 PM Timers Briefing
- 3:44 PM Competition Pool is cleared
- 3:45 PM Welcome Announcements
- 3:45 PM Scholarship Award Winners Announced
- 3:50 PM First Event is called to Clerk-of-Course
- 3:55 PM National Anthem
- 4:00 PM Meet Starts - Mixed Age/Medley/Free
- ~ 6:00 PM Intermission
- ~ 6:15 PM Freestyle Relays Begin
- ~ 8:00 PM Meet Ends
- ~ 8:45 PM Pool grounds close to swimmers and the public