

2019 NVSL All Star Relay Carnival@LP - 7/17/2019

Northern Virginia Swimming League

Psych Sheet - NVSL ASR

#1 Girls 18 & Under 200 SC Meter Freestyle Mixed Age Relay

Team	Relay	Seed Time
1 T		1:59.34
2 DR		1:59.71
3 PT		1:59.98
4 HSC		2:00.00
5 CB		2:00.17
6 HTM		2:00.53
7 DT		2:00.64
8 CP		2:00.76
9 O		2:00.97
10 VR		2:01.01
11 HS		2:01.07
12 OH		2:01.18
13 ML		2:01.51
14 FME		2:01.59
15 B		2:01.88
16 HPP		2:01.96
17 IC		2:02.19
18 R		2:02.66
19 SHR		2:03.06
20 CCC		2:03.26
21 LRR		2:03.82
22 DV		2:03.90
23 SR		2:03.97
24 F		2:03.98
25 FMW		2:04.13
26 LV		2:04.66
27 HB		2:04.67

#3 Girls 8 & Under 100 SC Meter Medley Relay

Team	Relay	Seed Time
1 T		1:23.69
2 CB		1:23.94
3 DR		1:29.31
4 VAC		1:29.55
5 MVP		1:30.40
6 O		1:30.57
7 OKM		1:31.37
8 SOR		1:31.43
9 HSC		1:32.20
10 KG		1:32.31
11 OAK		1:33.82
12 CCH		1:36.50
13 LV		1:36.77
14 VH		1:36.86
15 WG		1:37.64
16 SHR		1:37.79
17 LRR		1:37.88
18 CH		1:38.82
19 LHP		1:39.25
20 RF		1:39.40
21 SHB		1:39.68
22 CCC		1:39.76
23 RFD		1:40.00
24 M		1:40.28
25 WC		1:40.33
26 W		1:40.35
27 L		1:40.41

#5 Girls 9-10 100 SC Meter Medley Relay

Team	Relay	Seed Time
1 F		1:09.79
2 DT		1:12.28
3 CB		1:12.46
4 VR		1:13.91
5 CP		1:14.03
6 ML		1:14.10
7 O		1:14.17
8 HTM		1:15.05
9 HS		1:15.27
10 VH		1:15.39
11 CW		1:15.91
12 B		1:16.15
13 OAK		1:16.27
14 HB		1:16.70
15 GF		1:16.89
16 DR		1:17.41
17 LV		1:17.50
18 VW-VA		1:17.53
19 FMW		1:17.69
20 PC		1:17.90
21 LG		1:18.56
22 R		1:18.84
23 DV		1:19.04
24 BKS		1:19.10
25 HP		1:19.13
26 L		1:19.52
27 HV		1:19.56

#2 Boys 18 & Under 200 SC Meter Freestyle Mixed Age Relay

Team	Relay	Seed Time
1 FO		1:49.76
2 DT		1:52.75
3 O		1:53.02
4 MVP		1:54.08
5 CB		1:54.55
6 RFD		1:55.51
7 T		1:55.57
8 HV		1:56.52
9 WW		1:56.70
10 HP		1:56.97
11 DR		1:57.17
12 LG		1:57.18
13 GF		1:57.21
14 LRR		1:57.34
15 HS		1:57.58
16 ML		1:57.62
17 HSC		1:57.74
18 VAC		1:57.89
19 VW-VA		1:58.17
20 VR		1:58.61
21 SS		1:58.83
22 KG		1:58.84
23 FCE		1:59.27
24 WC		1:59.33
25 HB		1:59.47
26 H		1:59.69
27 SHR		2:00.12

#4 Boys 8 & Under 100 SC Meter Medley Relay

Team	Relay	Seed Time
1 CB		1:26.45
2 HPP		1:27.39
3 HS		1:27.53
4 LHP		1:29.46
5 DR		1:29.67
6 OAK		1:30.60
7 O		1:31.27
8 HB		1:31.82
9 VR		1:32.21
10 BF		1:33.12
11 ML		1:34.56
12 T		1:34.93
13 SHR		1:35.10
13 WC		1:35.10
15 OKM		1:35.45
16 HP		1:35.88
17 CP		1:36.47
18 L		1:36.49
19 HSC		1:36.83
20 M		1:36.85
21 KG		1:37.57
22 HV		1:38.06
23 LV		1:38.15
24 CH		1:38.70
25 RV		1:39.01
26 SR		1:39.15
27 HRA		1:39.68

#6 Boys 9-10 100 SC Meter Medley Relay

Team	Relay	Seed Time
1 KG		1:10.43
2 L		1:12.40
3 T		1:12.50
4 ML		1:13.17
5 CB		1:13.40
6 O		1:14.29
7 HV		1:14.94
8 SOR		1:15.31
9 SB		1:15.60
10 HSC		1:15.97
11 HPP		1:16.93
11 HS		1:16.93
13 GF		1:17.14
14 SV		1:17.56
15 M		1:17.62
16 OKM		1:17.76
17 OAK		1:18.09
18 DR		1:18.15
19 FCE		1:18.21
20 MVP		1:18.34
21 FH		1:18.45
22 MHC		1:18.71
23 CH		1:19.00
24 CCH		1:19.06
25 LG		1:19.16
25 G		1:19.16
27 HM		1:19.21

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#7 Girls 11-12 100 SC Meter Medley Relay

Team	Relay	Seed Time
1 O		1:02.19
2 CP		1:03.30
3 CB		1:03.39
4 SOR		1:03.90
5 CCC		1:04.40
6 HS		1:04.82
7 KG		1:05.08
8 SR		1:05.20
9 LRR		1:05.66
10 L		1:05.69
11 HPP		1:05.85
12 DL		1:06.08
13 DR		1:06.53
14 VAC		1:06.82
15 T		1:06.88
16 CH		1:07.18
17 SHB		1:07.40
18 WC		1:07.57
19 DT		1:07.71
20 FME		1:07.91
21 THA		1:07.95
22 LHP		1:08.02
23 OAK		1:08.06
24 WW		1:08.20
25 SS		1:08.23
26 HV		1:08.27
27 MVP		1:08.59

#9 Girls 13-14 200 SC Meter Medley Relay

Team	Relay	Seed Time
1 CB		2:05.07
2 WC		2:06.33
3 T		2:08.02
4 OAK		2:08.60
5 VW-VA		2:08.73
6 SR		2:11.19
7 DH		2:11.45
8 DT		2:11.56
9 B		2:11.77
10 ML		2:11.93
11 MW		2:11.95
12 HS		2:12.23
13 O		2:12.40
14 SS		2:12.71
15 M		2:13.03
16 VA		2:14.78
17 CP		2:14.79
18 LV		2:15.72
19 HPP		2:17.37
20 RG		2:17.59
21 W		2:17.82
22 F		2:18.43
23 VH		2:18.59
24 LRR		2:19.01
25 CH		2:19.12
26 PH		2:19.16
27 SHB		2:19.19

#11 Girls 15-18 200 SC Meter Medley Relay

Team	Relay	Seed Time
1 O		1:59.14
2 VAC		2:02.44
3 HTM		2:03.95
4 CB		2:04.06
5 HS		2:04.13
6 LRR		2:04.20
7 WC		2:05.63
8 CP		2:05.98
9 T		2:06.62
10 MVP		2:06.65
11 GF		2:06.76
12 HSC		2:06.89
13 M		2:07.18
14 PT		2:07.36
15 L		2:08.09
16 VR		2:08.19
17 MW		2:08.21
18 WG		2:08.36
19 DT		2:09.28
20 HM		2:09.37
21 HPP		2:09.74
22 PH		2:10.02
23 HV		2:10.06
24 LV		2:10.90
25 SS		2:10.92
26 VA		2:12.05
27 SHB		2:12.48

#8 Boys 11-12 100 SC Meter Medley Relay

Team	Relay	Seed Time
1 O		1:01.81
2 HS		1:02.83
3 CB		1:02.88
4 DT		1:03.46
5 M		1:04.27
6 MVP		1:04.64
7 DR		1:05.07
8 PT		1:05.32
9 OH		1:05.81
10 FO		1:06.12
11 G		1:06.15
12 L		1:06.78
13 LG		1:06.87
14 VR		1:06.94
15 OAK		1:07.13
15 B		1:07.13
17 ML		1:07.14
18 VAC		1:07.31
19 SS		1:07.53
20 HPP		1:07.72
21 R		1:07.81
22 HSC		1:07.93
23 HB		1:08.03
24 RG		1:08.26
25 CP		1:08.50
26 CW		1:08.53
27 LH		1:09.13

#10 Boys 13-14 200 SC Meter Medley Relay

Team	Relay	Seed Time
1 T		1:57.11
2 CB		1:59.90
3 VAC		2:02.65
4 MVP		2:03.29
5 OH		2:03.52
6 GF		2:03.62
7 ML		2:05.59
8 DR		2:05.99
9 O		2:06.86
10 G		2:06.98
11 VR		2:07.14
12 HB		2:07.19
13 FO		2:08.14
14 HV		2:08.20
15 CP		2:08.86
16 FS		2:09.20
17 SHB		2:09.39
18 B		2:10.36
19 LE		2:11.75
20 A		2:12.19
21 CW		2:12.24
22 MW		2:12.29
23 FCE		2:12.47
24 RF		2:12.61
25 HS		2:13.50
26 SHR		2:13.57
27 DT		2:13.73

#12 Boys 15-18 200 SC Meter Medley Relay

Team	Relay	Seed Time
1 CB		1:46.00
2 WC		1:48.40
3 HS		1:48.81
4 FMW		1:48.92
5 LE		1:50.12
6 F		1:50.37
7 FO		1:50.84
8 DR		1:51.13
9 FCE		1:51.34
10 SR		1:51.66
11 ML		1:52.31
12 CCH		1:52.76
13 HTM		1:53.36
14 CCC		1:53.50
15 W		1:53.82
16 T		1:53.88
17 DT		1:54.11
18 VW-VA		1:54.31
19 HPP		1:54.33
20 B		1:54.57
21 LG		1:54.96
22 SV		1:55.02
23 HSC		1:55.28
24 O		1:55.41
25 MVP		1:55.69
26 RV		1:55.74
27 HV		1:55.81

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#13 Girls 8 & Under 100 SC Meter Freestyle Relay

Team	Relay	Seed Time
1 CB		1:12.06
2 T		1:14.88
3 SOR		1:17.51
4 DR		1:20.65
5 OKM		1:20.95
6 HSC		1:21.10
7 KG		1:21.56
8 O		1:21.57
9 MVP		1:22.16
10 HS		1:22.18
11 VAC		1:22.64
12 OAK		1:23.27
13 VH		1:23.53
14 LV		1:23.97
15 WC		1:24.16
16 WG		1:24.18
17 FME		1:24.31
18 RF		1:24.57
18 OH		1:24.57
20 FO		1:24.85
21 R		1:25.50
22 SHB		1:25.90
22 HPP		1:25.90
24 RG		1:26.09
25 VW-VA		1:26.13
26 SRA		1:26.22
27 CH		1:26.56

#15 Girls 9-10 100 SC Meter Freestyle Relay

Team	Relay	Seed Time
1 F		1:03.64
2 CP		1:03.92
3 CB		1:04.26
4 HTM		1:05.19
5 ML		1:05.91
6 CW		1:05.94
7 DT		1:05.97
8 HS		1:06.69
9 VR		1:07.01
10 B		1:07.06
11 HB		1:07.27
12 DR		1:07.39
13 O		1:07.44
14 VH		1:07.59
15 LG		1:08.07
16 LV		1:08.15
17 FMW		1:08.31
18 PC		1:08.56
19 FCE		1:08.87
20 LRR		1:09.00
21 OAK		1:09.01
22 R		1:09.15
23 BF		1:09.17
24 FO		1:09.22
25 T		1:09.25
26 MVP		1:09.26
27 DV		1:09.62

#17 Girls 11-12 100 SC Meter Freestyle Relay

Team	Relay	Seed Time
1 CP		56.81
2 HS		57.09
3 CCC		57.50
4 O		57.53
5 CB		58.01
6 DR		58.78
7 HPP		58.98
8 KG		59.37
9 VAC		59.44
10 L		59.54
11 SOR		59.58
12 LRR		59.63
13 DT		59.66
14 ML		59.73
15 OAK		59.94
16 SR		1:00.31
17 CH		1:00.37
18 T		1:00.47
19 SHB		1:00.56
20 THA		1:00.62
21 SB		1:00.96
22 SHR		1:00.99
22 WC		1:00.99
24 WW		1:01.00
25 HV		1:01.39
26 MVP		1:01.47
27 FME		1:01.51

#14 Boys 8 & Under 100 SC Meter Freestyle Relay

Team	Relay	Seed Time
1 CB		1:13.97
2 HS		1:15.10
3 HB		1:16.55
4 LHP		1:16.62
5 VR		1:16.81
6 HPP		1:17.28
7 DR		1:17.42
8 OAK		1:17.52
9 ML		1:18.12
10 O		1:18.96
11 CP		1:20.00
12 HSC		1:21.66
13 HV		1:21.82
14 HRA		1:21.96
15 SHR		1:22.26
16 PC		1:22.34
17 LV		1:22.48
18 M		1:22.70
19 FCE		1:23.17
20 WC		1:23.23
21 FH		1:24.02
22 HP		1:24.22
23 OKM		1:24.44
24 LRR		1:24.83
25 GF		1:24.88
26 DV		1:25.14
27 KG		1:25.36

#16 Boys 9-10 100 SC Meter Freestyle Relay

Team	Relay	Seed Time
1 KG		1:03.57
2 L		1:03.85
3 T		1:04.69
4 CCH		1:05.09
5 ML		1:05.10
6 M		1:05.12
7 FO		1:05.15
8 O		1:05.50
9 CB		1:06.51
10 HPP		1:06.86
11 HM		1:07.21
12 OAK		1:07.30
13 FH		1:07.47
14 SOR		1:07.62
15 HS		1:07.76
16 SOC		1:07.77
17 MHC		1:07.78
18 HV		1:07.83
19 LG		1:08.22
20 SB		1:08.32
21 MVP		1:08.62
22 DT		1:08.69
23 DR		1:08.93
24 SV		1:09.11
25 VA		1:09.31
26 SRA		1:09.45
27 HSC		1:09.50

#18 Boys 11-12 100 SC Meter Freestyle Relay

Team	Relay	Seed Time
1 O		56.17
2 DT		56.32
3 MVP		56.35
4 M		56.78
5 HSC		56.84
6 CB		56.96
7 OH		57.88
8 L		58.10
9 DR		58.21
10 B		58.64
11 VAC		58.65
12 VR		59.10
13 FO		59.21
14 PT		59.30
15 HPP		59.54
16 LG		59.62
17 LH		59.70
18 G		59.94
19 ML		59.96
20 HTM		59.97
21 OAK		1:00.46
22 RG		1:00.77
23 HB		1:00.78
24 KR		1:00.83
25 R		1:01.06
26 SS		1:01.13
27 CP		1:01.53
27 LRR		1:01.53

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#19 Girls 13-14 200 SC Meter Freestyle Relay

Team	Relay	Seed Time
1	CB	1:52.98
2	WC	1:53.88
3	SR	1:55.62
4	VW-VA	1:55.98
5	T	1:57.14
6	O	1:58.21
7	OAK	1:58.83
8	HS	1:59.41
9	B	1:59.81
10	HTM	1:59.82
11	ML	2:00.06
12	DH	2:00.09
13	MW	2:00.15
14	DT	2:00.53
15	FMW	2:00.94
16	M	2:01.71
17	CP	2:02.09
18	SS	2:02.13
19	LRR	2:02.33
20	RG	2:02.51
21	SHB	2:02.67
22	VA	2:03.31
23	VH	2:03.76
24	HPP	2:03.94
25	RFD	2:04.44
26	KR	2:04.46
27	DR	2:04.79

#21 Girls 15-18 200 SC Meter Freestyle Relay

Team	Relay	Seed Time
1	O	1:50.64
2	T	1:50.97
3	HS	1:52.44
4	MVP	1:52.61
5	WC	1:53.29
6	CP	1:53.76
7	CB	1:53.84
8	MW	1:54.56
9	GF	1:54.61
10	HPP	1:54.73
11	HTM	1:54.78
12	VAC	1:54.89
13	HSC	1:55.19
14	M	1:55.51
15	VR	1:55.74
16	DT	1:55.90
17	VA	1:56.57
18	LRR	1:56.64
19	AF	1:57.13
20	HM	1:57.56
21	L	1:57.88
22	PH	1:58.06
23	HV	1:58.09
24	WW	1:58.34
25	RF	1:58.44
26	WG	1:59.38
27	HB	1:59.51

#20 Boys 13-14 200 SC Meter Freestyle Relay

Team	Relay	Seed Time
1	T	1:46.40
2	CB	1:48.89
3	DR	1:49.49
4	O	1:49.51
5	OH	1:49.62
6	MVP	1:51.61
7	VAC	1:51.71
8	GF	1:52.87
9	HV	1:53.03
10	ML	1:54.01
11	G	1:54.24
12	HB	1:55.34
13	FCE	1:55.57
14	MW	1:55.84
15	FO	1:55.96
16	VR	1:56.77
17	AF	1:57.02
18	SHB	1:57.08
19	THA	1:57.24
20	LE	1:57.52
21	B	1:57.64
22	PC	1:57.67
23	CP	1:57.70
24	FS	1:57.77
25	FME	1:57.97
26	SHR	1:58.32
27	HSC	1:58.69

#22 Boys 15-18 200 SC Meter Freestyle Relay

Team	Relay	Seed Time
1	CB	1:36.82
2	HS	1:37.82
3	FMW	1:38.55
4	FO	1:38.87
5	LE	1:39.16
6	DR	1:39.46
7	WC	1:40.51
8	DT	1:40.63
9	F	1:40.88
10	SR	1:41.00
11	HPP	1:41.38
12	T	1:42.31
13	VW-VA	1:42.37
14	O	1:42.40
15	CCH	1:43.01
16	W	1:43.04
17	MVP	1:43.34
18	ML	1:43.54
19	FCE	1:43.59
20	HTM	1:43.94
21	SHR	1:44.26
22	CH	1:44.39
23	RG	1:44.42
24	MW	1:44.50
25	B	1:44.51
26	LH	1:44.70
27	DH	1:44.91