



NVSL Individual All Stars

General Public Information

August 5, 2017 at 9 AM Hosted by Sully Station

Pool Location	5101 Sequoia Farm Dr., Centreville, VA 20120 Consult an internet map service for the most direct route from your location. Map reference below.
Happy Ads	The deadline for submission of the Meet Program Happy Ads is 5 PM Tuesday, August 1st. Ads submitted after that time cannot be accepted. Ads must be submitted electronically to nvslnhappyads@gmail.com (PDF or JPG format preferred) and in their final versions. Payment must be received by Friday August 5th. Direct questions to nvslnhappyads@gmail.com.
Pool Familiarization	Pool Familiarization will be held on Friday, August 4th 7:30-Noon The condition of the pool will be as close to meet conditions as possible. Pool Familiarization is not to be used as a team practice. Teams should not be in the pool longer than 30 minutes. This is an Open House warm-up for swimmers to become familiar with the pool and for the Coaches and Team Reps to become familiar with the site configuration. Site maps will be available. All-Star T-shirts , Swim Caps, and meet programs will be available for purchase; a Happy Ads representative will be there to take orders and payments. There will be no concessions for familiarization at Sully Station
Entry List	The current listing of all swimmers selected as All Stars from each team will be available for review by Team Reps at the Familiarization Day session. Please review this list to make sure all of your All Star swimmers have been notified of their selection as an All Star.

Meet Day

Swimmer Drop Off	The designated Swimmer Drop Off area is located at the adjacent shopping center across from Sully Station Pool. To reach the drop-off zone, turn left on Sequoia Farms Drive, and take your second left into the parking lot. Meet marshals will direct cars in and out of the drop off zone. Drivers may park in the adjoining lot to the drop off zone.
Parking	No parking will be available at the pool parking lot , except for designated all day officials. Primary parking will be at the neighboring shopping center and Stone Middle School (15 min walk) . The Fairfax County Police Department will provide traffic safety officers at key points. Marshals will also be on-hand to assist with parking and enforcing parking restrictions. Please do not park in intersections or block fire hydrants or driveways and be courteous and respect the Sully Station community. Please respect the Residents Only parking signs along Sully Station Drive. Officials parking (for working officials only) will be designated in either the shopping center or La Petite Academy.
	Handicapped attendees may be dropped off at the entrance to the pool parking lot. A limited number of pre-arranged Handicapped Parking spaces will be available in the vicinity of the pool during the day of the meet. Anyone needing handicapped parking must make prior arrangements with the Sully Station Meet Coordinator (fialafam5@gmail.com). People who do not make prior arrangements will not be able to utilize the Handicapped Parking.

Team Areas	Team areas may be set up at Sully Station Pool NO EARLIER THAN 7 AM on Saturday morning. Tents that are set up prior to 7AM on meet day may be removed. The tennis courts and parking lots, are required to remain clear for safety. NO TEAM may use the those areas.
	Tents and awnings are strongly encouraged. Grills, generators, and fires are NOT allowed in the team areas.
	Sully Station will provide changing tents for swimmers who need to change on-site. No access to bath house changing rooms or bathrooms will be permitted for participants or spectators. Portable restrooms will be located in both the awards areas and the pool parking lot (for spectators).
	As always, Coaches are responsible for ensuring that their swimmers report to the Clerk-of-Course on time, and keeping their team area clean.
Viewing Areas	There are designated viewing areas for Team Reps and coaches. Viewing areas are limited and allow for one Team Rep and two team coaches .
	The Host Pool will open to the public at 7:30 AM.
	Reserving bleacher seats with anything larger than a beach towel (approx. 6 ft. in length) is strictly prohibited. One person may reserve no more than two seats with one beach towel and must occupy that towel. Marshals will remove materials covering bleachers to “reserve” seats except as described above. Please encourage your swimmers to leave the bleachers open for adults and non-swimming children. Umbrellas will not be permitted in the bleachers.
	There will be a one event viewing area available on the pool deck. After the completion of each event, the area will be completely cleared for the next event.
	Deck area surrounding the bleachers will be limited. To facilitate the movement of pedestrian traffic on the deck, certain areas will be designated “NO STANDING” and a Marshal will be positioned to maintain pedestrian flow.
	The Sully Station clubhouse and facilities will NOT be open to the public.
	An area for handicapped seating and a handicapped-accessible restroom will be available.
Results	As events end, results will be posted at meet. Full results can be found on the NVSL website after the conclusion of the meet.
Awards and Patches	Medals and rosette ribbons are awarded to all swimmers and alternates following each event. Patches are given to the original top 20 swimmers and anyone else participating on meet day.
Photography	As in the past, a professional photographer will be present to take photos of the participants in each event, following presentation of awards. However, the photos will now be available for download approximately two weeks after the meet. Simply go to https://nvslallstars.smugmug.com to locate the awards photo from your swimmer’s event. Images are organized based on the order they were swum at Individual All Star this year. The site is password protected---check with your team rep for the password. Photos can also be purchased from this site.
Concessions and Vendors	Food and refreshments will be offered from the Sully Station Grill Team (in the pool parking lot and on the pool deck) and our NVSL food vendors. NVSL advertisers will have products for sale throughout the day. Please support our advertisers!
Shop NVSL	Pre-sale Meet Programs will be available for pick-up - COUPON MUST BE TURNED IN. NVSL Apparel, All-Star Shirts, Swim Caps and Programs can also be purchased at the meet.

NVSL Individual All Stars Timeline

August 5th 2017

- 7:00 AM Team Areas open for set up
- 7:30 AM Gates Open
- 8:00 AM General warm up begins
- 8:15 AM All Lanes become Sprint Lanes
- 8:25 AM General warm up ends
- 8:25 AM 10 minute warm up for Butterfly events only
- 8:30 AM Officials Briefing for First Half
- 8:35 AM Butterfly warm up ends, pool cleared
- 8:45 AM First two events called to Clerk of Course
- 8:50 AM Officials go to positions, time check
- 8:55 AM Presentation of Colors
National Anthem
- 9:00 AM Meet Starts
Following conclusion of Butterfly, 10 minute warm up for Individual Medley
- 9:45 AM Earliest time that Individual Medley can start
Following conclusion of Individual Medley, 10 minute warm up for Freestyle
- 10:45 AM Earliest time that Freestyle can start
Following conclusion of Freestyle, 10 minute warm up for Backstroke
- 11:30 AM Officials Briefing for Second Half
- 11:45 AM Earliest time that Backstroke can start
Following conclusion of Backstroke, 10 minute warm up for Breaststroke
- 12:45 PM Earliest time that Breaststroke can start
- 2:30 PM Target time for completion of meet