- NVSL Invitational Relay Carnival Timeline July 21, 2016
- 2:15 P.M. Team Area open for set up Viewing Area open to the Public
- 2:45 P.M. Warm-ups begin as follows: (Girls then Boys) Lanes 1 and 6 are designated sprint lanes
- 13 14 Swimmers 2:45 2:55 2:56 3:06
- 11 12 Swimmers 3:07 3:17 3:18 3:28
- 09 10 Swimmers 3:29 3:39 3:40 3:50
- 8 & U Swimmers 3:51 4:01 4:02 4:12
- 15 18 Swimmers 4:13 4:23 4:24 4:34
- 4:15 P.M. Relay Take-off Judges Briefing
- 4:30 P.M. Stroke & Turn Judges Briefing
- 4:30 P.M. Timers Briefing
- 4:34 P.M. Competition Pool is cleared

4:45 P.M. - Welcome Announcements (Normal NVSL introductions and introduction of Officials)

4:50 P.M. - First Event is called to the Clerk of Course

4:55 P.M. - National Anthem

5:00 P.M. - Meet Starts

There will be a ten minute intermission following Event 12